



THE REVIEW

Central Arizona Fire and Medical - 8603 E. Eastridge Dr., Prescott Valley, AZ 86314 – July 6, 2018

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Quote of the Week

"Some People's idea of free speech is that they are free to say what they like, but if anyone says anything back, that is an outrage."

Sir Winston Churchill



A rare tornado captured in this photo by a CAFMA crew on the Weston Pass Fire in Colorado. The crews had been working all day in rain, hail, and under a tornado warning.

The Chief's Desk

What's your super power?



I had the opportunity last weekend to watch the movie *Justice League*. It was actually entertaining, which is not what I expected. There was a short dialogue in the movie between Aqua Man and Bruce Wayne (Batman) that really struck a chord with me. In short, Aqua Man was stating to Bruce that all of the

others had super powers and that Batman runs around in a bat suit. To that end he asked, "So what's your super power?" To which Bruce replied, "I'm rich." While I thought it was a humorous retort, the statement struck me as profound.

For the remainder of the movie, I watched each character intently to see how they harnessed and then utilized the gifts they had been given. For Bruce Wayne, he had been blessed with money, but honestly that's not his power. His power for the purpose of the movie is his heart. He is driven to protect his community, and he uses his money to support his efforts. He trains intensely to accomplish his mission.

Each character has their own unique abilities that allow them to do extraordinary things. They learned how to harness and control their gifts through an ongoing process of training and becoming more self-aware. It seemed each day they learned something new about themselves and found other ways to use their powers all of which made them better super heroes and better people.

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Upcoming Events:

July 9th through 12th AZ Fire Chiefs and AZ Fire Districts Summer Leadership Conference in Glendale

July 9 – Policy meeting, Annual Goals and Objectives meeting

July 12 – PV Council Meeting

Board Meeting:

July 23rd

CVFD – 1600-1630

CAFMA – 1630 -1800

CYFD – 1800-1830



The Other Victims: First Responders to Violent Disasters Often Suffer Alone

By: Heidi De Marco NPR

The night a gunman fired into a crowd of 22,000 people at the country music festival in Las Vegas in 2017, nursing supervisor Antoinette Mullan at University Medical Center was focused on one thing: saving lives.



She recalls dead bodies on gurneys across the triage floor, a trauma bay full of victims. But "in that moment, we're not aware of anything else but taking care of what's in front of us," Mullan says.

She calls that event, "the most horrific evening of my life." But in a career spanning 30 years, Mullan has experienced plenty of other tragic incidents in which she witnessed suffering and death.

She says she has tried to work through these painful memories, mostly on her own.

"I can tell you that after 30 years, I still have emotional breakdowns and I never know when it's going to hit me," she says.

In 2017, there were 346 mass shootings nationwide, including the Las Vegas massacre — one of the deadliest in U.S. history — according to Gun Violence Archive, a nonprofit organization that tracks the country's gun-related deaths.

[More](#)

Fix it With the Back Mechanic

Submitted by Captain Zach Fields Certified Peer Fitness Trainer

We hope to include more articles like this from time to time. Unfortunately, this one is an on-line PDF so all I can include is the Link.

[Fix it with the Back Mechanic](#)

Fleet Report

Fleet Manager Domenic Scaife



Update from month of June: There were many services and repairs on both the heavy and light fleet. Something we did run into was a frontline engine overheating. It was somewhat passed on a couple days earlier, but when we mentioned taking it out of service the crew said that it wasn't that bad and that the day had been hot. Two days later the truck was overheating to a large degree. The thermostat was completely stuck closed. This is a good reminder that when there is a problem with your engine it will usually give you little signs that something isn't right. I know that none of you want to go on a reserve engine, but not speaking up and swapping out could have drastic

consequences. This truck could have blown a hose, head gasket, cracked a head or engine block. An engine on these new trucks is upwards of \$30,000.00 So please, pay close attention and be proactive when something doesn't seem right.

Outside agency repair: We had been holding back on outside agency repairs, but have been scheduling work starting July 1st. Mayer fire will be bringing in multiple units for repairs, services and pump testing as well as Walker fire. Copper canyon has multiple units needing to come in for pump testing as well.

Update on the new apparatus order: The Type 3 has been striped and decals have been installed. There are a few compartments left to outfit and it will be ready to go! The Ladder truck has most of its IT/COMM install completed. We will begin to modify compartments to hold the appropriate equipment, and start equipment mounting. Starting July we have multiple vehicles to procure, so work will start on those immediately.

Next on our fleet list:

- E-53 service
- E-61
- E-611
- E-59 oil consumption issue
- Inventory on reserve engines
- Type III outfitting
- Ladder truck outfitting
- Razor outfitting
- P-62 Pump replacement from Cascade to Darley

New Year 2018-2019: Fleet has a lot of projects this year along with the regular work load and outside agency repairs. I will be looking for volunteers that are willing to help with projects while on duty. I also want to thank all of you for your support of the Fleet maintenance program. It takes all of us working together to make it successful. Keep up the good work and keep up the great communication that you have with our team. Thanks again!

Chiefs Desk Continued

As kids, we'd watch these shows in wonder wishing we had super powers, but as we aged we realized that it was all just good entertainment – not reality. It's unlikely that anyone of us will be bitten by some rogue radioactive spider and end up with Spidey senses. Although, that would be cool!

However unlikely it is that we will be able to fly without some sort of aid; the reality is that we all have super powers. What's yours?

I mentioned a book idea I have some time ago – *How to Strive for Mediocrity and Achieve it!* A play on words one might say, as the intent is to redefine how we see leaders. Most books on the shelves today refer to leaders like Jake Welch formerly of GE, Collin Powell, or Abraham Lincoln as well as many others. These men do serve as high profile examples, but I would assert that there are many ordinary people around us that serve as extraordinary examples just without the high profile. I'm referring to the youth sports coach who volunteers their time to help young people realize their talents and their dreams, or the school janitor that serves as a positive role model for thousands of students over the years. What about the parent that works hard 9-5 everyday plus overtime and still makes it a point to spend time with their family, or coach their kid's baseball team. These folks have figured out how to harness and use their super powers to make a positive difference in the lives of others as well as their community. While we do not describe their drive and commitment as a super power, to those they serve these people are heroes.

Holding the title of Firefighter is not a super power. The persona may be that of some sort of hero, and as kids we may have looked to the firefighters and police officers as super heroes, but now that we hold the title most of us see the profession differently. When we don our uniforms and put on our badges we become the personification of something more to the public. But, when we remove the badge and take off the uniform we are just regular family members, friends and fellow citizens. We are not super heroes; rather we are normal people serving our community. Our power is not the uniform or the title; it's our heart and commitment to serve others. Simply holding the title of Firefighter means nothing without on-going training allowing us to learn and hone our craft always striving for personal mastery.



Every Halloween we have the opportunity to buy a uniform e.g. Batman, Superman, Spiderman, etc. but it's not the suit that makes us a superhero or gives us super powers. It's who we are on the inside and how we've developed our knowledge, skills and abilities (KSA's) no matter our profession or personal position in life.

I think a mistake that we sometimes make in the fire service is not recognizing the super powers everyone in our organization brings to the table. The *Justice League* is not made up of a bunch of the same superhero with the exact same powers; it's made up of a variety of people with a variety of super powers. Each compliments the others, and without all of them none of them can be successful. The same is true in the fire department. What super powers does finance bring to the table, how about HR, Administration, Fleet, Facilities, Tech Services, or the Warehouse? Without them our operations are dead in the water. Without them, we cannot provide service to the community. Without them, we do not exist.

My intent is not to focus on our professional positions, but rather to ask you to ask yourself – what is my super power? Is it being a dad or mom? A coach? An active community member? We are in fact more than our profession, we are people with families and we are members of a community. What are we doing to hone our skills to be super heroes to our children, our neighbors, or our significant others?

In the end, I think striving to be a good human being, striving to serve our community in multiple capacities, striving to serve our families, and to serve each other are super powers. To that end, we must be self-aware, continually striving to be better for those with whom we come into contact.

Don't get me wrong Spidey senses, super strength or being able to fly would be way cool! But since that's not reality, being a good person willing to serve others will have to do.

Stuff That's Happening

We plan to conduct the first round of interviews for a new Tech Manager next week. As was previously discussed, the first panel will be comprised of outside IT professionals. We need folks with expertise in this area to tell us who does or does not possess the requisite knowledge, skills and abilities. The second panel will consist of internal staff to determine fit for our organization, and the final panel will include senior staff.

We are finalizing contracts with an outside company to build our IT back up system, and a consultant to begin drafting some critical policies and SOG's. Alex McKinnon is coming back on a part-time per diem basis to assist in tech services. Having him as a resource will offer some much needed assistance in that division.

Just a reminder that our phone system will be replaced next Tuesday, July 10th. Please refer to the email from Chief Bliss for specific details.

At the last Senior Staff meeting we had a dialogue about Chief's Polacek's and Bliss's upcoming retirements. We will be working with Patty next month to establish a time frame for posting and testing. Preliminarily, expect Operations Chief testing to begin in about 18 months, and Planning/Logistics in 20-22 months. These time frames are approximate at this time. Other testing will have to take place in close proximity to the AC tests. Additionally, Patty is working to draft a 3-5 year testing plan that will serve as a guide moving forward.

The Arizona Fire Chiefs and Arizona Fire District Association Summer Leadership Conference is next week in Glendale. I will be there starting Monday, other staff will be coming down Tuesday. I'll be leaving from there Thursday afternoon to attend the opening of the LA Fire Museum on Saturday the 14th with Chief's Rhoades, Kazian and Gaillard.