



THE REVIEW

Central Arizona Fire and Medical - 8603 E. Eastridge Dr., Prescott Valley, AZ 86314 – July 13, 2018

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Quote of the Week

"Gritty people have a growth mindset;
when bad things happen they don't give
up."

Angela Duckworth



Good
morning
from LA!
Here for the
opening of
the LA
County Fire
Museum

The Chief's Desk

What are you building today?

What are you building today? Seems like a decent question, if you understand the context. I'm currently reading the book *Grit* written by Angela Duckworth PhD. If you haven't read it, I'd recommend it as an addition to your reading list.

The premise is that talent alone is not a predictor of success. Success is a factor of passion and perseverance, or as the author calls it "Grit." For my purposes, I'm adding sacrifice and consistency as key ingredients as well. I don't remember where I heard this, but I think it's worth repeating for the purpose of this writing:

One day a man was listening to a guitarist play. He said to the guitarist "I'd give my life to be able to play like that." The guitarist responded "I have."

To me, his statement is very profound.

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Upcoming Events:

July 16 – Meet with Payson and Hellsgate
July 17 - PRCC Liaison Meeting meeting,
July 18 – PVEDF Board Meeting and Breakfast
July 19 – PRCC Chief's Meeting

Board Meeting:

July 23rd

CVFD – 1600-1630
CAFMA – 1630 -1800
CYFD – 1800-1830



Thai Cave Rescue the Full Story

By: Steve George, James Masters, Kara Fox



Tham Luang caves, Thailand (CNN)The Wild Boars are back. Twelve young boys and their soccer coach are safe, freed from the floods deep inside a cave in northern Thailand where they had been trapped in for more than two weeks. The mood in Thailand's Chiang Rai province is elated.

When a Thai military unit had finished dismantling a section of water pumps that had proved so crucial in the successful operation, they jumped into their open-topped vehicle near the Tham Luang cave on Wednesday, smiling triumphantly to the crowd of cheering supporters who had stayed on to give their heroes a proper send off.

But behind those jubilant scenes lay the knowledge that each one of those rescue workers carries: the near three-week operation had rested on a knife's edge, with equal chance of success or disaster.

Now, with the mission over and the boys recovering in the hospital, the full story of the remarkable rescue can be told.

The early challenges

In the days after the boys first went missing on June 23, rescuers had no idea where they were, or if they were still alive. Expert divers from the Thai Navy SEALs, experienced in conventional diving situations, were faced with an unprecedented challenge.

Speaking to CNN on Wednesday, Thai Navy SEAL commander Rear Adm. Arpakorn Yookongkaew recalled those initial difficulties.

Rain and the long winding caverns of an unfamiliar cave were already a concern. On first assessment of the scene, "our hope to find the boys was less," he said.

[More](#)

Chiefs Desk Continued

Generally speaking, we have a tendency to look at people and say wow what a gifted musician, athlete, company officer, etc. However, stating that someone is gifted is a misnomer and discounts the hours of practice that someone has committed to their craft. Firefighter/Paramedic Doug Copenhaver, Central Arizona Pipes and Drums Commander, is someone I would refer to as a "gifted" musician. For those that do not know him, he excels at drums, guitar, and pipes as well as having an amazing singing voice. What I know about Doug is that he is committed to his craft



practicing hours every day, always striving to improve. Today, Doug plays for the Arizona State Band – an amazing honor and reflection of his hard work and dedication. He has a tendency to approach everything he does in life with the same zeal we see in his dedication to music. I'm certain we'll witness the same as he prepares to take the next Engineers test..... Right Doug?

We also have a tendency to look at others and say, "I want to be that." Becoming skilled at anything isn't a light switch moment – you cannot turn it on and off. You have to work to achieve what you want and that takes time.

Back to the question - what are you building today? Effort is really the key ingredient to success in anything that you do. The equation Angela Duckworth created is Talent + Effort = Skill and then Skill + Effort = Success. Notice that in her equation effort is listed twice. If you do not put forth the effort, it

doesn't matter how much talent you have. In contrast, someone with less talent that does put forth the effort will develop the skill ultimately leading to success.

As a firefighter, what are you working to build each day? Whether you eventually want to be the fire chief, or you want to spend your career becoming the best firefighter you can be, you have to put forth the effort to build your skills each and every day. As an administrative assistant working in finance, what are you working to build each day? Not just working to complete your daily tasks, but what are you doing to meet your long term goals? We could ask the same question for every position within the organization.

I believe everyone has something they want to achieve in their life, and possibly their career. For some, the career is a means to meet their life goals, for others their career is their life's goal. The fire service is one of those rare professions where what we do becomes who we are, or in other words, it becomes our identity. As a side note, this can be problematic in retirement.

When we start our careers, we come to the table with big dreams and are ready to set the world on fire with our brilliance – no pun intended. Along the path we inevitably encounter challenges that can derail our efforts. That's where perseverance and passion become vitally important. You cannot and should not allow a challenge, or multiple challenges to derail you. Rather, you should learn from those challenges and turn them into opportunities for growth. Chase Sargent shared a story about his promotion to Lieutenant while working for the Virginia Beach Fire Department in his book *Buddy to Boss*. He said he sat down at the desk on his first day and opened the drawer. In it he found a match and a note which read, "Light the world on fire, and when this goes out get to work."

Success is not created for you by someone else, it's not taken from you by someone else, and it's not something you are entitled to. Success only comes through you putting forth the effort and maintaining focus despite any real or perceived barriers. It requires a willingness to adapt to your changing environment, not succumbing to it.

Success requires sacrifice. I did not walk up hill to school both ways in 15' of snow. However, throughout my career I have sacrificed time with my family attending 2 week classes at the National Fire Academy for nearly 11 years straight. At the same time I worked to obtain my Associate Degree, Bachelor Degree and my Master Degree. My agency only offered \$500 per year in tuition reimbursement, and I had to coordinate my coverage for classes. This also meant time away from my family, even when I was at home – homework at the kitchen table is time away from family. I knew what I wanted for my career, I knew what I wanted to provide for my family, and I knew that no one would provide that for me. It was tough, but I had a mission, I had a passion for that mission, I was willing to sacrifice, and I was not going to let anything get in the way of me accomplishing my goals. The end result is I'm still paying my student loans, but I have realized far more in my life and career than I could have ever imagined.

Do you have a mission for your life? What is your overall philosophy? Are you willing to sacrifice so you can accomplish what you want? Throughout my career I've heard other people say, "If the agency wants me to have it, they should pay for it." Or, "I want to achieve X, but that means I need to do Y and I can't

or don't want to spare the time." These statements describe thousands of people throughout the country across all professions.

The first step in overcoming the barriers you feel exist in your life is to identify what obstacle/s you have to move, get around, go over or go through. Probably one of the biggest hurdles is mustering the courage to take that first step towards identifying what it is that is stopping you from progressing. Then you have to develop the stamina and courage to continue no matter what. The bottom line is that you choose i.e. you choose to overcome or you choose to succumb.

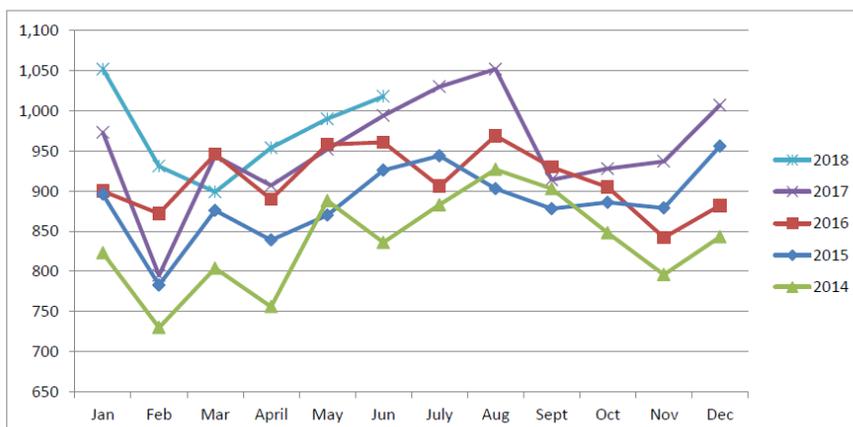
Nothing in life is easy, and nothing in life will be handed to you. Success is bread from effort and effort is sustained through perseverance, passion, consistency and sacrifice. So, what are you building today? It's up to you, and it's never too late to start.

June Call Statistics

GIS/Statistician Michael Freeman

CALL VOLUME HISTORY

	2014	2015	2016	2017	2018
Jan	823	896	900	973	1,052
Feb	730	783	872	795	931
Mar	804	876	946	944	899
April	756	839	890	907	954
May	888	870	958	952	990
Jun	836	926	961	994	1,018
July	883	944	906	1,030	
Aug	927	903	969	1,052	
Sept	903	878	930	914	
Oct	848	886	905	928	
Nov	796	879	842	937	
Dec	843	956	882	1,007	
AVG	836	886	913	953	974
TOTAL	10,037	10,636	10,961	11,433	5,844





June Response Report - 2018

Land Area: 251 sq. miles Population: 86,865 Fire Stations: 10 Full-Staffed

Responses in District	
TOTAL FIRE INCIDENTS	13
STRUCTURE FIRE	0
STRUCTURE FIRE; CONFINED	1
MOBILE HOME/PORTABLE BLDG	0
VEHICLE FIRE	1
BRUSH/GRASS/WILDLAND FIRE	7
OTHER/TRASH FIRE	4
<i>Fire is 1.28% of call volume</i>	
TOTAL EMS	656
<i>EMS is 64.44% of call volume</i>	
OVERPRESSURE	1
HAZMAT	13
SERVICE	209
GOOD INTENT	97
FALSE ALARM/OTHER	29

Other is 34.28% of call volume

TOTAL # OF CALLS	1,018
Residential Fire Loss	\$200
Commercial Fire Loss	\$0
Vehicle Fire Loss	\$2,000
Calls in Town of Chino Valley	183
Calls in Town of Prescott Valley	529
Calls in Town of Dewey-Humboldt	37
Calls in District, Unincorporated Areas	269
Calls Out of District	8
Average total # of calls per day	33.97
Average fire calls per day	0.50
Average EMS calls per day	21.73
Average all other calls per day	11.63
Aid Given to Prescott	102
Aid Received from Prescott	72
Mutual Aid Given	3
Mutual Aid Received	0

Unit Responses		
	In District	Total
E50	131	136
E51	36	144
E53	181	183
E54	121	125
E57	41	43
E58	162	167
E59	101	106
E61	100	102
E62	115	123
E63	45	49
T50	5	5
B3	54	58
B6	26	30

Call Volume at PRCC		
	MONTH	YTD
PFD	670	4,280
CAFMA	1,018	5,844
GCFD	16	64
OD	10	56
WKFD	5	25

Top 5 Call Types

608	EMS
85	Assist Invalid
60	Public Service Assistance
56	Cancelled en Route
19	Vehicle Accident w/Injuries

Move Ups by Station

50: 67	57: 5
51: 27	61: 14
53: 10	62: 4
54: 0	63: 13
58: 3	
59: 8	TOTAL: 151