



THE REVIEW



Central Arizona Fire and Medical - 8603 E. Eastridge Dr., Prescott Valley, AZ 86314 – July 5, 2019

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Quote of the Week

“May we think about freedom not at the right to do what we please, but as the opportunity to do what is right.”
-Unknown



Sooo, I ran across this little gem compliments of my friend Tara with Kairos. It seems Chief Tharp is providing free smiles should anyone wish to stop and see him..... Nice work Chief Tharp!!

The Chief's Desk

While I was out visiting stations on Wednesday I learned of an off-duty incident that one of our personnel experienced. Not the kind that gets them in trouble, but the kind that raises my blood pressure a bit. I don't want to name any names, but I ask that you bear with me as I describe the incident and then tie a few things together.

It starts with our unassuming fire captain pulling up to the gas pumps at a local establishment off-duty with his family. Our friend is driving his used pick-up, towing his used boat. Now, I know this individual and his family well; great people. I know that he drove another old truck into the ground and that him and his wife worked very hard together to purchase a newer used vehicle, as well as the used boat. This family has worked together for everything they have.

So, back to the gas station. Our officer, in plain clothes other than an old firefighter foundation shirt that says "Support our Troops" on the back, walks to the station kiosk then back towards his truck. He notices a man in his 30's driving a high end SUV staring at him with a very agitated look on his face. As our friend makes his way back to his family, the agitated man accosts him for being a firefighter. He yells that firefighters claim to be poor, but have boats and trucks, and that firefighters have no respect for anyone else. The individual continues to berate our officer to the embarrassment of his own family. Our officer attempts to deescalate the situation by calmly talking with the individual, but to no avail. He even offered his hand, and encouraged the man to stop by the station for a visit so he could clear up some of the misconceptions. Our officer was rebuffed, and denigrated.

In what world do people like this live?? The internet age has given rise to courageous cowards behind the screens of their computers, and has emboldened some folks to act like this ass (pardon my language). As an individual, I struggle with the idea that people feel it is okay to treat others, even those they don't know, as if they mean nothing. I guess I was raised differently. My mom and dad taught me to be respectful of others, they taught me something called manners, and they taught me a basic sense of human decency.

This individual's actions leads one to wonder what is wrong with some people. I've talked about the book *The Subtle Art of Not Giving a F#@!* by Mark Manson in previous writings. Mr. Manson has a new book out titled *Everything is F#@!%\$, a Book About Hope*. Both outstanding! In his most recent book Mr. Manson discusses two different parts of the brain. For those of us that are not scientists, he dumbs it down to our level. There is the feeling part of the brain that allows us to feel emotion, kind of the "squirrel" part of our psyche. The other part is the thinking part of our brain which generates logical thought. Continued page 4

Upcoming Events:

July 8 – 11 – AFCA/AFDA
Summer Leadership
Conference in Glendale

Board Meeting:

July 22nd Administration

CVFD – 1600-1630
CYFD – 1630-1700
CAFMA – 1700-1830



Fourth of July – Independence Day

By: History.com Editors



The Fourth of July—also known as Independence Day or July 4th—has been a federal holiday in the United States since 1941, but the tradition of Independence Day celebrations goes back to the 18th century and the American Revolution. On July 2nd, 1776, the Continental Congress voted in favor of independence, and two days later delegates from the 13 colonies adopted the Declaration of Independence, a historic document drafted by Thomas Jefferson. From 1776 to the present day, July 4th has been celebrated as the birth of American independence, with festivities ranging from fireworks, parades and concerts to

more casual family gatherings and barbecues.

When the initial battles in the Revolutionary War broke out in April 1775, few colonists desired complete independence from Great Britain, and those who did were considered radical.

By the middle of the following year, however, many more colonists had come to favor independence, thanks to growing hostility against Britain and the spread of revolutionary sentiments such as those expressed in the bestselling pamphlet “Common Sense,” published by Thomas Paine in early 1776.

On June 7, when the Continental Congress met at the Pennsylvania State House (later Independence Hall) in Philadelphia, the Virginia delegate Richard Henry Lee introduced a motion calling for the colonies’ independence.

[History.com](https://www.history.com)

Company officer tips for staying motivated on the job

By: John Buckman III



No matter how many years you spend in a leadership position on a fire department, staying motivated is the common factor among those who are high-achievers.

As a company officer, you will have to determine what motivates members of your company. This will take some effort but will pay dividends in your ability to lead people effectively. It’s important to remember that everyone

is different; the technique that motivates one firefighter may have little or no motivational effect on others within the same company. And what works for them may be different than what motivates you.

IDENTIFY THE “KEY-HOLDER”

One of the major frustrations for all of us is when we face roadblocks to progress that are thrown up to slow, stop or derail an idea. As a company officer, you will need to recognize those obstacles and learn how to remove them or work around them.

An essential role for a leader is to determine who at the organization holds the “key” to progress. The key is often held by one person, and they can either use their key to unlock the door to progress or keep the key in their pocket, thereby stopping you in your tracks.

Develop a Vision

FireChief.com

Chief’s Desk Continued

The feeling part of our brain says “heck yeah, buy the Hellcat and let’s roll!” The thinky part of our brain says, “We cannot afford that, move along.” Both have to work together in order for us to function normally. However, there are some who allow the feeling part of the brain to overrule the thinky part of their brain. When this happens individuals may create their own false sense of existence which leads them to do and say things without thought for anyone around them, or the consequences of their actions. These are, in short, some of the narcissists among us – others have far bigger psychological issues.

Those that let the feely part override the thinky part of the brain are also the ones that approach people they do not know in parking lots and accost them – just say’n. What kind of miserable messed up existence must you live to think that doing something like that is okay?? Your parents either totally failed you, or maybe they’re embarrassed by your actions.

Most of us allow our thinky and feely parts of the brain work together for the common good. Sure there are times we let our emotions get the best of us, but as we mature – age – we exercise more control over our emotions i.e. respond rather than react.

Because it seems we are seeing more of this type of bad behavior, we start to believe that our nation has some sort of deep rooted problem. News headlines that scream Nike did xyz, or ANTIFA thugs beat people, or videos of someone in a parking lot accosting firefighters as well as other citizens reinforce the feeling that we’ve lost control. There was a story out of St. Louis last week in which a man with a F@#! The Police Tattoo sat on a wall outside an officer’s funeral with a gun on his hip. Why would you do

something like that??? A couple things we need to remember. First, we live in a 24 hour news cycle so the non-journalists have to come up with something sensational to capture our attention. Two, we are only seeing a small segment, miniscule you might say, of our entire population doing some of these stupid things.

Just prior to the 4th of July the NY Times penned an opinion editorial deriding the United States as a less than great country. My opinion only, if you don't like it, there are lots of places in this great big world you can reside other than America. I digress; the First Amendment provides for freedom of speech. To that end, the NY Times writer can berate America because he has the right. On the other hand, I have the right to tell him to pound sand and get out. What a great country we live in!!

The fact is, as we celebrate our independence, our freedom, our troops, and our neighbors we are a GREAT country! It's funny; the individual who accosted our fire officer is likely a "flag waving patriot" that has no idea what it truly means to be a decent human being let alone an American. A small piece of advice, don't be a _____! Fill in whatever word you feel is fitting.

I'm thankful to my parents for instilling in me the concepts of respect, manners, human decency, and patriotism. I personally would never accost anyone in a parking lot or anywhere else for that matter. Quite simply, it's rude.

I greatly appreciate our company officers approach to the situation. Should it become a YouTube sensation at some point, it will not be our officer or our agency who is embarrassed.

Ultimately, let your thinky part of your brain and your feely part work together. Remember your manners, and treat people with decency. I believe in patriotism, standing for our national anthem, and supporting our great country. I'm proud to be a professional firefighter, proud of what I have accomplished, and respect the things I've earned through hard work and dedication.

I hope you enjoy your 4th of July weekend celebrating our freedom to disagree, and respecting what our flag and our country mean! As Bill and Ted would say, be excellent to each other 😊
