



THE REVIEW

Central Arizona Fire and Medical - 8603 E. Eastridge Dr., Prescott Valley, AZ 86314 – **August 9, 2019**

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Quote of the Week

*"To be able to lead others, a man must be
willing to go forward alone."*

Harry Truman



Accident Report:

B-Shift did it. 😊

The Chief's Desk



Good morning from beautiful Atlanta, Georgia and the Fire Rescue International Conference (FRI)! It is humid, and I am not a big fan of that. It's been a great week of training and networking. Chief Randy Karrer and I presented *Leading a Fire Department Beyond the Operations Level* Wednesday afternoon to a packed room with way more people than we anticipated. The feedback was positive with a number of folks from around the country asking for the curriculum for the Senior Leadership Academy. After further explanation of the professional development academies we either run or take part in, some requested curriculum for the Engineers Academy, Captains Academy, and Battalion Chief Academy.

One of the reasons we encourage our folks to attend training on a national level is so we maintain a global perspective of what is happening in our profession. Sometimes we come back with some good ideas that may fit our agency, and other times we come back having affirmed that we are on the right track. This only happens through our participation, development, and initiative.

FRI has also served as a good networking opportunity and a chance to catch up with old friends from around the country. Sharing ideas and experiences is always a good learning opportunity.

Next year FRI will for the first time ever be hosted in Phoenix. As I've mentioned previously, Chief Feddema has put some monies aside for a few folks to attend, as well as dollars for folks that would like to come down for the vendor show. I walk through the show to support the vendors that help make the conference happen, but I'm not actually the one that recommends or purchases equipment. That my friends is all up to you. To that end, I hope you will take advantage of the opportunity.

Next week I will have the opportunity to fulfill a 30 year bucket list item. I will be in the office Monday, but will be leaving Tuesday to Jeep the iconic Rubicon Trail near Lake Tahoe. The trail is rated one of the best in the world, attracting people from all over the world.

Patty and Bill have run the trail a few times, as has Gordon Dibble, and my son. I totally get Bill, Patty, and Gordon. How my son got to run the trail before me while I'm still funding a large portion of his existence remains a mystery☺ I digress, he will make an excellent co-pilot and companion on the trip.

As I've said numerous times, it is important to have a hobby outside the fire service. Too many people within our profession struggle once they retire. It can be a very difficult transition, if you have not established an identity beyond the badge. Continued page 6

Upcoming Events:

Aug 12 – Policy Committee Meeting, Radio Meeting, Chief's Interviews Prevention Apprentice
Aug 13 – Chino Valley Council Meeting
Aug 15 – PV Council Meeting
Aug 13 – 17 Chief on vacation - Rubicon Trail

Board Meeting:

August 26th Chino Valley Town Hall

CVFD – 1600-1630
CYFD – 1630-1700
CAFMA – 1700-1830



Behavioral Health: Does Chronic Stress Promote the Growth of Cancer in Firefighters?

By: Brandon Dreiman



Behavioral Health: Does Chronic Stress Promote the Growth of Cancer in Firefighters? Research into factors contributing to firefighter cancer is far from complete.

Cancer in the fire service is a critical issue. The National Institute for Occupational Safety and Health (NIOSH) found that firefighters have a 9 percent increase in cancer diagnosis and a 14 percent increase in cancer-related death as compared to the general population.¹ While those numbers may not appear too startling, one must also consider that, while firefighters' overall cancer diagnoses do not far outpace the general public, their diagnosis of particular types of cancers does.² With that in mind, it is important for us to consider anything contributing to firefighter cancer.

The fire service has done considerable research to determine the causes of firefighter cancer. Among the causes are smoke, contaminants in our hoods and microscopic particulates left behind on our gear. Studies have been done to see how we may be spreading this particulate matter around apparatus cabs and the firehouse. Efforts are underway to evaluate the effectiveness of on-scene gross decontamination, storing gear and air packs in apparatus compartments, showering immediately upon returning from a fire, and "sweating out" carcinogens that may be trapped on the skin. While the fire service is taking cancer seriously, it needs to consider the effects of chronic stress as a contributor to firefighter cancer.

Firehouse.com

How to respond to a denial of service at a restaurant or coffee shop

By: Greg Friese

Two uniformed paramedics were turned away at a Florida McDonald's restaurant by an employee, since terminated, who refused to serve "anyone with a badge."

The widely circulated news story was based on a Facebook post from one of the paramedics and aired on a local news channel without additional comment from the paramedic or his employer. Caspers Company, the franchise owner, issued a written apology, concluding with "What occurred does not reflect the values of our brand, our franchise, or the love and admiration we have demonstrated consistently for our friends in law enforcement and first responders."

Reports of police officers being denied service at a Starbucks, firefighters being chided for shopping for groceries, or paramedics being heckled for resting at a posting location are all too frequent. Many of these incidents are attributable to a low performing employee looking to exit their job in a fireball of infamy rather than the enforcement of a corporate policy. These confrontations might also be the manifestation of the ongoing vilification of public service by politicians and the poor understanding most civilians have about what EMS, fire and law enforcement personnel do for their community.

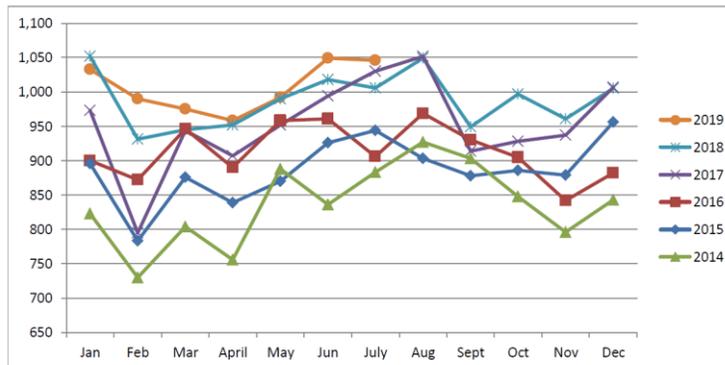
[Firerescue1.com](http://firerescue1.com)

July Response Report

GIS/Statistician Michael Freeman

CALL VOLUME HISTORY

	2014	2015	2016	2017	2018	2019
Jan	823	896	900	973	1,052	1,033
Feb	730	783	872	795	931	990
Mar	804	876	946	944	945	975
April	756	839	890	907	952	958
May	888	870	958	952	990	992
Jun	836	926	961	994	1,018	1,049
July	883	944	906	1,030	1,006	1,046
Aug	927	903	969	1,052	1,049	
Sept	903	878	930	914	949	
Oct	848	886	905	928	997	
Nov	796	879	842	937	961	
Dec	843	956	882	1,007	1,005	
AVG	836	886	913	953	988	1006
TOTAL	10,037	10,636	10,961	11,433	11,855	7,043





July Response Report - 2019

Land Area: 365 sq. miles Population: ≈100,000 Fire Stations: 10 Full-Staffed

Responses in District

TOTAL FIRE INCIDENTS	14
STRUCTURE FIRE	1
STRUCTURE FIRE; CONFINED	2
MOBILE HOME/PORTABLE BLDG	0
VEHICLE FIRE	3
BRUSH/GRASS/WILDLAND FIRE	8
OTHER/TRASH FIRE	0

Fire is 1.34% of call volume

TOTAL EMS	712
OVERPRESSURE	0
HAZMAT	10
SERVICE	181
GOOD INTENT	107
FALSE ALARM/OTHER	22

Other is 30.59% of call volume

TOTAL # OF CALLS 1,046

Residential Fire Loss	\$40
Commercial Fire Loss	\$33,000
Vehicle Fire Loss	\$6,160

Calls in Town of Chino Valley	160
Calls in Town of Prescott Valley	543
Calls in Town of Dewey-Humboldt	53
Calls in District, Unincorporated Areas	290
Calls Out of District	8

Average total # of calls per day	33.74
Average fire calls per day	0.42
Average EMS calls per day	22.97
Average all other calls per day	10.32

Aid Given to Prescott	129
Aid Received from Prescott	68
Mutual Aid Given	0
Mutual Aid Received	0

Unit Responses

	In District	Total
E50	145	154
E51	30	184
E53	195	197
E54	135	137
E57	39	39
E58	139	140
E59	143	150
E61	92	94
E62	110	113
E63	37	39
T50	21	24
B3	69	76
B6	20	25

Call Volume at PRCC

	MONTH	YTD
PFD	800	5,207
CAFMA	1,046	7,043
GCFD	13	82
OD	9	49
WKFD	6	23

Top 5 Call Types

652	EMS
78	Assist Invalid
64	Cancelled en Route
48	Public Service Assistance
23	Vehicle Accident w/Injuries

Move Ups by Station

50: 75	57: 2
51: 48	61: 11
53: 13	62: 4
54: 0	63: 18
58: 0	
59: 3	TOTAL: 174

Chief's Desk Continued

One of my hobbies, as you are aware, is getting out in the Jeep. While I am able to do that quite easily in the beautiful mountains of Arizona, having the opportunity to travel and experience other places provides some fresh perspective and new scenery. My trip to the Rubicon will be the first time in my career that I will not have cell coverage. While a breath of fresh air, it will be a different feeling for me to be totally disconnected – one I will thoroughly enjoy! To that end, Chief Bliss will serve as the Fire Chief in my absence. Chief Tharp and Chief Feddema will jointly ensure that *The Review* goes out next week Friday morning. I should be off the trail Friday night and will be able to forward *The Review* to our retirees, partners list, as well as all those who receive the document outside the organization.

I'll hit the ground running again on August 19th with what is shaping up to be a full schedule of meetings related to any number of issues, not the least of which concerns ambulances. As a reminder, the issue is not with the paramedics and EMT's on the street that work for AMR. The company's inability to properly staff is not their fault. Director Zurcher emailed me after National Night Out stating he had been on an Engine and listened to the radio traffic of a 30 minute delay in ambulance response.

While I have not had much public dialogue about our concerns of late, it does not mean that we are done pushing for better service for our constituents. The State Bureau of EMS and their parent the Department of Health Services (DHS) has failed to keep up with current standards, and either does not have the regulatory authority, or lacks the intestinal fortitude to hold agencies accountable – in my opinion.

The DHS Director recently overturned an Administrative Law Judge's ruling that a private ambulance company in the White Mountains could not change their name to Fire and Medical Authority. State Statute specifically defines what a Fire Authority is which means no one should be allowed to randomly call themselves a Fire Authority. It only serves to confuse the public, especially when the agency does not provide fire suppression services. Apparently, the Director does not feel that the State law applies in this situation. We are not done with this issue either.

Monday the 12th we will hold the Chief's interviews for the Prevention Apprentice position. I'm told we have three strong candidates. Titus started in Tech Services this week. Make sure you welcome him when you have the chance.

In the coming weeks, Tech services will be looking for people interested in doing tower work. Keep an eye out for something from Jonah.
