



THE REVIEW

Central Arizona Fire and Medical - 8603 E. Eastridge Dr., Prescott Valley, AZ 86314 – **March 19, 2021**

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"When someone you love becomes a memory, the memory becomes a treasure."

Unk



We never know what each day will bring, but we know each day we have together is a gift.

The Chief's Desk

I have returned from Moab in one piece! The Jeep, well, that is a discussion for another day, but we'll go with it's not too bad. One cannot go to the happiest place on Earth and not break something.

In 2019, I wrote a Chief's Desk about ego based on my experience Jeeping the Rubicon Trail – the other happiest place on Earth. During this latest week-long trip I found myself alone in my Jeep getting a bit philosophical about life. I don't know if it's my driving or my personality – maybe both -but Jen limits her time in the Jeep with me.

On one of the trails we ran, I noticed a lot of bypasses, i.e. an alternate route around an obstacle. While I'm not one to opt for a bypass, I was contemplating which trails Jen might enjoy, which would likely require the use of a bypass. After one particularly challenging obstacle I came across one of the most amazing views that I've ever seen. In that particular case, had I taken the bypass I would have missed the beauty that lay on the other side.

This gave me pause and I started to consider how my experience on the trail might relate to everyday life and career. Sometimes you take a trail without obstacles simply for the purpose of enjoying the scenery and the company. No hard obstacles, no sheer drop-offs, just a chance to sit back, relax, and enjoy what God created. In life, there are times when you need to sit back and enjoy the ride. As we've discussed before, even a person who is driven to succeed cannot stay in overdrive indefinitely. There are times when it is important to settle in, absorb the surroundings, and then hit overdrive again when time and opportunity are right.

We generally will take a least one day in Moab to run a trail that is considered more scenic than challenging. However, there is no way I could handle an entire week of flat backroads and zero challenges. This is a good reflection of my life. I consider myself to be someone that is driven to achieve, yet there are times when I have to take a break and be comfortable with where I am, all the while knowing that I will be charging ahead soon enough. Honestly, this is what makes those I work with very nervous...

Most of the week in Moab was spent hitting trails that had some tough obstacles, with a few that had what they call 'gatekeepers'. Gatekeepers are obstacles with zero bypasses, i.e. you either make it up or you don't run the trail. One of the great things about the Jeep community is that you're never on the trail alone. Our Moab trip has turned into an annual adventure with Jeep friends I've met from Alabama, California, New Mexico, Texas, and Arizona. Last year we met two people trying to run a trail in a stock JL by themselves. They were back this year for the entire week – awesome people. This year we met a new young couple and once again incorporated them into our group. **Cont. Page 4**

Upcoming Events:

March 22: Chief to attend Governor's annual wildfire brief in Phoenix, Board Meetings
March 23: Statewide Aid Committee meeting, Chiefs interviews for prevention
March 24: Meet with Stifel, Recruit Graduation – Finally
March 25 DFFM Meeting, Marci Potluck, PV Council

Board Meetings:

March 22 Administration

CVFD – 1600-1630

CYFD – 1630-1700

CAFMA – 1700-1830

If You're Smart Enough to Do These 4 Things, Your Leadership Skills Are Above Average

By: Marcel Schwantes

What does it take to be a great leader of people today? The starting point, which I've preached from virtual speaking platforms many times over, remains clear: to create the conditions necessary for superior results -- for people to perform their best work.

Some of the time it will come down to how you show up with your leadership behaviors; at other times it will come down to your environment or culture.

One of the key components that cover both areas is believing in and trusting in your people. When you see the potential that each person under your care carries, and speak that belief into their lives by encouraging them and building them up, an unprecedented level of trust will be reached. Truth is, a team with high trust will produce results faster and at a lower cost.

Trust should be given as a gift

But here's the million-dollar question: Should you first earn the trust of your people? Or does trust develop from having a belief in your people first -- their strengths, abilities, and commitment?

Conventional thinking says that people have to earn trust first, and if they violate that trust, it becomes difficult to earn it back. But it has been found that, in healthy organizations, leaders are willing to give trust to their followers first, and they give it as a gift even before it's earned.

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State trains more inmates as wildland firefighters ahead of fire season

By: Adrian Skabelund

PHOENIX — As Arizona looks ahead to what could be a busy fire season, state officials are hoping inmates might present part of a solution.

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The program is couched as a win-win situation, providing more manpower to fight wildfires for forest restoration work, while providing the inmates involved with an opportunity to build skills before their release.

“I’m confident that this will help reduce recidivism by giving state inmates the opportunity to learn job skills for employment upon release,” Ducey said during a call with rural press. “I know among some folks a stigma remains, but the overwhelming majority of the public has seemed open-minded to this this opportunity.”

Inmates assisting with firefighting efforts is not new in Arizona. The state has had about 200 inmates in such programs, and some of those crews even helped respond to the Museum Fire near Flagstaff in 2019.

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Chief’s Desk Continued

I digress, when you attempt the gatekeeper you have a helping hand from others, both friends and strangers. They will help you find the line, guide you, and hook a winch cable when necessary. There are times in life when you will face what seems like an insurmountable challenge – a life gatekeeper challenge, so to speak. The important thing to remember is that you are not alone. There will usually be a friend, family, or colleague, maybe even a stranger, who will help guide you, and/or throw you a lifeline to help pull you up.

Gatekeepers are typically challenges we face to achieve some major milestone in our lives e.g. obtaining a college education in an effort to become X. On the trail, gatekeepers are challenging and can be unnerving, but largely enjoyable as long as you know the limitations of your rig and yourself. In life, they can be good or bad, but either way, you need to face them and press on.

We choose trails in Moab based on the level of difficulty and obstacles that will provide a challenge along the way. As I stated in the opening, there are times when taking the bypass may prevent you from experiencing the beauty on the other side. Taking the bypass may also rob you of opportunity to hone your skill as a driver, and test the limits of your Jeep.

Life will offer you both obstacles and bypasses. The bypass is the easy way, however not much is gained when a person consistently takes the easy route. No matter the obstacle we face on the trail, or in life, there are people around to help guide us. However, you have to be willing to stretch yourself, to try something new, be uncomfortable, and to make yourself vulnerable despite how difficult it may seem. If you never test yourself, how do you ever determine your potential? As it relates to a Jeep, you test yourself and your vehicle to determine your current limits. Then you go back, order parts, and expand your opportunities – seriously Jen, I think we can call it an “investment” or “growth opportunity.”

Challenges do serve as a test of your current limitations; however, your potential is bounded only by you. Make good decisions, assess your situation and opportunities, but don’t be limited by fear, or laziness.

We had just finished running a very short, but amazing, three obstacle trail called Pickle. This trail included the gatekeeper, an off-camber narrow pass, and a final climb that tested both driver and rig. We went straight from Pickle to Mash Potato – don't judge, I don't name these things. Mash Potato was all about spectacular views and only provided one real obstacle. The Gravy Bowl swallowed even the largest Jeep in our group. Shawn entered the Gravy Bowl with his stretched TJ on 42" tires and 6.0 Liter LS motor. He picked a line and after a couple of attempts to get back out, it was time for a winch. Joey went in next with his JK on 40s and one-ton axles all built by Synergy Manufacturing. He picked a different line and made it out without a problem. That is to say, it wasn't a problem getting out the other side. Unfortunately, the other side of the line he picked put him off camber on the edge of a cliff with a 500 foot sheer drop. It took some effort and a tag line to get him off that ledge.

Meanwhile I mulled my options. I would likely be the only TJ, short wheelbase on 35" tires to try the obstacle. I looked at Shawn's line and determined that was a no-go. Then I contemplated Joey's line. Surely having a shorter wheelbase would help me get off the cliff's edge even with it being off camber towards the cliff edge. Shawn and I discussed my options, which as you can tell were limited. In the end, he looked at me and said, "No matter which way you go, you won't get out of this without using a winch and you may break something while you are at it." I chose to stay out of the Bowl.

You do need to know your limitations and what obstacles or challenges you can face with some realistic level of confidence that you might succeed, and recognize when something is well beyond your capacity. In short, don't charge headlong and half-cocked into something. Evaluate, consider the challenges and opportunities, and take a pass, if that is truly necessary. I love a challenge, but I also know my limitations, or will at least listen to other advice when I may not otherwise be using my best judgement.

Funny how one minute I have the stereo turned up to 30 blasting tunes, and the next I'm comparing a Jeep trail to life. If you know me, you know my mind wanders in mysterious ways. In the end, take the road less traveled, don't pass on opportunities even when they make you uncomfortable, and, from time to time, just enjoy the view.



February Response Report

By: Michael Freeman GIS/Statistician (Note from Chief Freitag)

You will notice a slight change in the monthly reports from what we shared last year. To make things a bit cleaner for internal and external use, we are reporting responses as unit workload. This shows total workload for the engines rather than just in district calls.



February Response Report - 2021

Land Area: 369 sq. miles Population: ≈100,000 Fire Stations: 10 Full-Staffed

Responses in District

TOTAL FIRE INCIDENTS	8
STRUCTURE FIRE	1
STRUCTURE FIRE; CONFINED	2
MOBILE HOME/PORTABLE BLDG	1
VEHICLE FIRE	0
BRUSH/GRASS/WILDLAND FIRE	1
TRASH FIRE/OTHER	3
<i>Fire is 0.81% of call volume</i>	
TOTAL RESCUE & EMS	646
<i>EMS is 65.32% of call volume</i>	
OVERPRESSURE / OVERHEAT	0
HAZARDOUS CONDITION	14
SERVICE CALL	209
GOOD INTENT	78
FALSE ALARM/OTHER	34
<i>Other is 33.87% of call volume</i>	
TOTAL INCIDENTS IN DISTRICT	989

INCIDENT RESPONSES BY CAFMA 1,076

Residential Fire Loss	\$17,280
Commercial Fire Loss	\$0
Vehicle Fire Loss	\$0

Calls in Town of Chino Valley	132
Calls in Town of Prescott Valley	524
Calls in Town of Dewey-Humboldt	44
Calls in District, Unincorporated Areas	289
Calls Out of District	5

Average total # of calls per day	35.32
Average fire calls per day	0.29
Average EMS calls per day	23.07
Average all other calls per day	11.96

Aid Given to Prescott	107
Aid Received from Prescott	54
Mutual Aid Given	0
Mutual Aid Received	0

Unit Responses

	In District	Total
E50	122	129
E51	31	135
E53	164	165
E540	26	32
E54	143	144
E57	42	42
E58	153	154
E59	117	122
E61	91	93
E62	86	87
E63	28	31
T50	3	7
B3	43	43
B6	17	18

Call Volume at PRCC

	MONTH	YTD
PFD	664	1,597
CAFMA	989	2,312
GCFD	4	14
OD	7	13
WKFD	5	6

Top 5 Call Types

601	EMS
119	Assist Invalid
55	Cancelled en Route
42	Public Service
21	Assist Police/Gov't

Move Ups

E50: 24	E57: 3
E51: 32	E61: 5
E53: 9	E62: 3
E54: 0	E63: 20
E58: 2	E540: 7
E59: 2	TOTAL: 107