



THE REVIEW

Central Arizona Fire and Medical - 8603 E. Eastridge Dr., Prescott Valley, AZ 86314 – **May 7, 2021**

This Edition:

The Chief's DeskPage 2
Fire Marshal's Office, US CISA warn of fire as
weapon threat Page 3
What is Emotional Resilience and How to Build It?
.....Page 3

*"I succeeded because the fire inside me
burned brighter than the fire around me." –
IDK*

Prescott Valley Police Foundation
Presents



Thank the Blue

**A community event to show appreciation
for our law enforcement officers
Wednesday, May 12, 2021**

6:30 p.m. Drive by Salute to PVPD
(Meet at Findlay Toyota Center Parking lot at 6 p.m. to line up)

**7 p.m. Outdoor Ceremony at
Theater on the Green**
Outside first floor, Civic Center

The Chief's Desk

Here is the latest and greatest regarding the saga of the SCBAs and our ability to buddy breathe with the City of Prescott. On Tuesday this week we met with Chief Luedeman and Engineer Malm from Prescott FD, our vendor, the SCOTT representative for the State of Arizona, as well as a corporate representative from SCOTT. In short, Prescott's SCBAs can be upgraded without impacting their NFPA certification – for a price.

According to the manufacturer, the new manifold for buddy breathing can be installed on Prescott's SCBAs. It is a matter of unscrewing one and installing the other. That takes care of one issue. The other issue is that the regulator hose – NOT the regulator – also needs to be replaced. The new hose with the universal fitting is currently in the hands of NIOSH who has to approve its use as an accessory. They hope to have approval by August.

For the safety of Prescott's personnel, it does not make sense to change the manifold until the hoses can be changed. Switching the regulator hose from one to the other does require the unit to be re-flow tested. In theory, by the end of August or September everything needed to ensure interoperability will be on the market.

The question at that point will be cost, and will the City be willing to expend the funds? Chief Light and his staff will have to work with their elected officials to make the decision. Please keep in mind that this issue was not created by the City, it was not created by CAFMA, nor was it created by the manufacturer. The challenges we face today were caused solely by the NFPA Technical Committee who decided to change the standard.

Personally, I agree with the concept of the universal fitting, but am frustrated with how this all unfolded. The SCOTT representatives showed us a picture of the adapter they had proposed to the committee. First, it was not at all what one committee member described to us. Second, we could have easily trained to use the adapter had we been given the option. Finally, CAFMA was willing to order the packs and pay the additional for a fitting that would have allowed us to buddy breathe. It would have been cheaper for us to purchase the adapter manifold as part of our units than it will be to retro all of Prescott's packs.

Chief Luedeman took what information he had back to Chief Light. However, we do not currently have a good cost estimate. The SCOTT representatives were headed back to corporate to see what kind of price breaks they may be able to offer. While there is a solution, there is a budgetary implication the City of Prescott will have to consider that has not been part of any budget discussions. To that end, we will not have any further updates regarding SCBAs until the City has hard numbers and can work through their internal processes. **Cont. Page 4**

Upcoming Events:

May 10: Policy Committee Meeting
May 11: Meet with Consultant
May 12: Labor Management Meeting, Some sort of Meeting with Feddema, Speak at Back the Blue
May 13: AFSI, Meet with Stifel

Board Meetings:

May 24 Administration
CVFD – 1600-1630
CYFD – 1630-1700
CAFMA – 1700-1830

Iraq Interior Ministry: 82 Killed in Baghdad Hospital Fire

By: MetroNews Staff

Both agencies [released a Fire as a Weapon Guide](#), which describes people using fire as a weapon as setting fires or firebombs to hurt people and property.

Bill Ryan, CISA's regional director for Region 3, said domestic and international authorities are reporting increased cases of fire being used as a weapon, primarily arson and the use of improvised incendiary devices.

"We do see an uptick in that," he said.

Potential indicators of using fire as a weapon include a reported theft of a large vehicle, suspicious questioning of building floor plans, damaged fire protection systems, unattended items like backpacks, and social media posts promoting using fire as a weapon.

"Obviously, there are a bunch of different tactics and techniques out there that people will use wishing to do harm," Ryan said. "We try to get as much guidance out there as possible.

State Fire Marshal Ken Tyree connected the report to other issues being reported across the country.

"As we observe the contention and unrest across the county, I think it is important for first responders and citizens alike to be ever vigilant in the fight against all preventable fires, especially arson-related fires," he said.

Ryan said facilities should also have plans with local law enforcement agencies to ensure people can be treated in the event of an emergency.

What is Emotional Resilience and How to Build It?

By: Madhuleena Roy Chowdhury

How do you collect yourself after a stressful event?

Emotional resilience is when you are able to calm your frantic mind after encountering a negative experience. It is intrinsic motivation, an inner force by which we can hold ourselves through all the downsides of life.

Just like other aspects of our persona, for example, I.Q., Emotional Intelligence, Social intelligence, etc. Emotional resilience is a trait that is there since birth and continues to develop throughout life.

In the following section, we will uncover how emotional resilience varies from person to person and what are the ways we can strengthen the power to bounce back from adversities.

Emotional resilience is not about winning the battle. It is the strength to power through the storm and still keep the sail steady. Living in the era of technological revolution, every ten years we adapt to changes that never existed in our life before. From rigorous digitalization to the 24/7 social media influence, from the changing professions to adapting with the ways of Gen Y, it is only natural to feel emotionally tied down at times.

positivepsychology.com

Chief's Desk Continued

In other news, the Captains testing process is complete. While I cannot say who finished where because we still have processes to follow, my guess is that nearly everyone knows. Per policy, candidates have 30 days to review their test materials and seven days after review to file any grievances. Once that process plays out, we will move forward with the Chief's interviews. We received good feedback from the outside evaluators regarding the process we have in place, as well as the candidates.

Up next, Engineers testing! The process is only a few days in length, however the same 30- and seven-day waiting periods apply.

I believe new firefighter testing is schedule for sometime in July, with an academy planned for fall. In talking with Chief Feddema, we will be hiring four or five new personnel. Testing for a new fleet mechanic will also be in the July timeframe – I think.

That seems like a lot of testing in a very short period of time. However, if we look at turnover in the next five years, we are just getting started.

Last week I mentioned that we are finalizing a storyboard for our first video. For clarification purposes, I want to explain our intent with this one. The concept for the video came out of the interview I did with Kayleen on the podcast. She said that she went to a high school where they hosted Firefighter 1 and 2 programs, but that she never realized it was an option for her. Her statement gave me pause, and I started to wonder how many other talented people are not truly aware of what we do, and that it might be a great career for them.

HR Manager Patty Brookins and I discussed my concerns which led to the idea for our first video – *What Does a Firefighter Look Like?* This is not a direct recruiting video for CAFMA, per se. Rather, it is video that will be used to promote our profession to people of all races, genders, and cultural backgrounds. Why? Because it is important to expand our talent pool.

In order for us to create the imagery we are striving for, we may use one or two people that are not CAFMA firefighters. These folks will not be in a CAFMA uniform. Our intention is to use a generic shirt

that just says 'Fire Department' on the back. This video will not end with the statement "come join our team." It will end with something like "for more information about a career in the fire service, please visit our website." We will be adding an HR page to the site that will contain information about what is needed to seek a career in the fire service, as well as links to resources.

The next three videos will be CAFMA-specific with a call to action at the end, e.g. "Visit our website to obtain an application." All four videos will be used at job/career fairs, social media, YouTube, etc. I will do my best to keep you all informed as we move forward with this process.
