



THE REVIEW

Central Arizona Fire and Medical - 8603 E. Eastridge Dr., Prescott Valley, AZ 86314 – **January 20, 2023**

This Edition:

Seasons..... Page 1
The Assistant Chief’s Desk..... Page 2
Planning & Logistics Update..... Page 3

Have a Great Weekend!

“The blessedness of waiting is lost on those who cannot wait, and the fulfillment of promise is never theirs. They want quick answers to the deepest questions of life and miss the value of those times of anxious waiting, seeking with patient uncertainties until the answers come. They lose the moment when the answers are revealed in dazzling clarity.” — Dietrich Bonhoeffer

[The CAFMA Connect YouTube Channel](#) – Like, Subscribe, Watch, and Learn

Seasons



The Assistant Chief's Desk

What comes to mind when you think about seasons? Is it hunting season or baseball season? Is it summer or winter? There are many seasons, and some are more notable than others. We have the benefit of living in an area where we get to experience all the seasons nature has to offer. For me, there are aspects to each that I enjoy. I enjoy the activities and the warmth of summer. I enjoy the changing colors and the cooler temperatures in fall. I enjoy the snowfall in winter, but also the green of spring. Each season has its blessings; however, there's a downside to each season also. Summers can be harsh and dry, while winter can be long and cold. During spring and fall, the wind can feel like it will never end and seems to cut through all layers of clothing. I start each season looking forward to the change because I have usually grown tired of the previous one. While nature has its seasons, so does life.

In 1965 a band called The Byrds had a hit song titled *Turn! Turn! Turn! (To Everything There Is a Season)*. There are many of you who may not have ever heard of the song; however, it was a hit in the 1960s and 1970s and has been used in many movies. The song was composed by a Pete Seeger in 1959 in response to a letter he received from his publisher stating that he couldn't promote any more protest songs. Pete was a social activist and folk singer who had written many songs protesting the issues of his time. He composed the song as another protest song, but his publisher didn't realize it and the song became a hit. What's interesting is that the lyrics were inspired by a poem from King Solomon's personal diary written thousands of years before Seeger decided to use it in his song. The premise behind the poem is that for everything there is a season in life.

Have you ever wondered why there are seasons? In nature, consider what the seasons bring. During spring and summer, the trees bloom and grow. During the fall, the leaves are lost, and the trees go dormant. There's also root growth that occurs in the spring and fall that is necessary to sustain the growth. Without the cycle of the seasons, most trees would grow and outpace the ability to withstand a storm; they would be torn up from the roots and topple over. Even in areas near the equator, there are rainy seasons and dry seasons that affect the trees growth and root development. Life is not much different. This rhythm is something many of you have experienced from the time you were young.

The result of this cycle is resiliency. The ability to endure the storms of life and function well in the face of adversity. Some of these storms are severe and leave lasting effects and some are small. I enjoy watching my kids play sports because in a small way, they are experiencing this rhythm. They get to celebrate the wins and learn from their losses. They get to learn how to win humbly and lose graciously. This rhythm will help them because life can feel much the same way. There are times when life is easy and times when life is difficult. There are times of prosperity and times of hardship. There are seasons that feel like they'll never end and seasons that pass too quickly. My encouragement is to enjoy the

Upcoming Events:

Jan 23: Board Meetings
Jan 26: YC Fire Chiefs Meeting

Board Meetings:

January 23: Administration
CVFD – 1600-1630
CAFMA 1630-1730
CYFD – 1730-1800

good seasons in life and do all you can to stand firm when life is difficult, because this too will pass. One thing that will remain true in this life is that things change. Life changes and seasons change.

How do you place your feet on solid ground and stand firm during the storms in life? Consider the four pillars of resiliency outlined by the military. The Defense Logistics Agency (DLA) that supports the five branches of the military established a model of resiliency that is supported by four pillars: mental, physical, social, and spiritual. Balancing these four pillars can help strengthen your life and improve your resilience. What does resiliency look like in our life? According to the DLA it looks like someone who “deals effectively with pressure, ambiguous and emerging conditions, and multiple tasks; remains optimistic and persistent, even under adversity or uncertainty. Recovers quickly from setbacks. Anticipates changes and learns from mistakes.” I certainly hope that this is what resiliency can look like in my life.

When I was younger my mother shared with me wisdom that I did not understand at the time. I was frustrated and she encouraged me not to get down on myself for being depressed. I don't remember what it was at the time and clearly it did not leave an impression, but her words did. They didn't make sense to me, and it seemed as if she was telling me not to be depressed about being depressed. As I have grown older, I realized that is exactly what she was saying. There are circumstances in life where you may find yourself depressed or discouraged. I have found myself depressed because of some of the incidents I have responded to and discouraged because life didn't go according to my plan. Her encouragement was to endure and not let these circumstances drag you into a deeper depression. These emotions aren't bad, but that's not where you want to live.

Resiliency is not found in a pill or in a bottle, it is built over time and earned the hard way. It is built during the difficult times in our life. If you have found yourself in a prolonged season of depression or discouragement, consider the pillars of resiliency. Each pillar of resiliency could be reviewed in depth, and I would encourage you to look them up. There are resources as part of each pillar and help may include reaching out for a helping hand. It is my hope that you can use these pillars to place your feet on solid ground and stand firm when life is difficult knowing that seasons change; and when life is good, enjoy it because it is a gift.

Have a great week!

Planning & Logistics Update

By: Cody Rose

January 1, 2022, the Prevention Division was moved under Planning and Logistics. Over the past month there have been several changes with personnel within the division. Chuck Dowdy and Brett Mills have both chosen other paths in life. Rick Chase is retiring as of February 2, 2023. This leaves three large vacancies within the division. We have hired a third party to conduct all of the plan reviews and a separate third party for all of the jobsite inspections. We have had this in place for two weeks now and it seems to be going smoothly. Jim and Jaime are continuing to excel with their duties within the division.

The application period is currently open for Fire Marshal through January 26. At this time, we have received 19 applications for the position. Our plan is to narrow this down to a smaller group to do virtual interviews with. Once those are completed, we will be doing in person interviews with several different panels to include an expert panel, a community leaders panel and a Chiefs' panel. Our goal is to have the new Fire Marshal in place sometime in early March. We will also be looking to fill the other two vacant positions within the division around this same time.

We have been working tirelessly to get traffic preemption devices, Opticom, for all traffic signals with CAFMA's jurisdiction. This project has been ongoing for the past 5 years. The Town of Prescott Valley council recently approved for their staff to move forward with a partnership with CAFMA to install Opticom GPS devices on all signals within the town. The plan will be to start their portion of the installation after July 1 of this year. We have also been working with ADOT to get approval to install the devices on their traffic signals along Highway 69 and Highway 89. We received the approval from them last week. We plan to take this to the CAFMA board meeting this month for approval of additional funds to purchase additional equipment and for the installation costs.

You may have noticed that our Fleet Division has started to install the GPS Opticom devices on some of our Type I engines and BC vehicles. This is an effort to get ahead of the process so that when the traffic signals are completed, we are ready to activate the devices. When the project is completed, we will have the devices installed on the following equipment within our jurisdiction: all type 1 engines, ladder truck, two type 3 engines, all type 6 engines, four rescues, and the 2 BC trucks.

We are getting closer to the completion of our new Type 1 engines. As most of you know we ordered three new Pierce Type 1 engines in August of 2021. We have been told that we can expect to take delivery of these engines in March sometime. These will be the first clean cab engines for CAFMA, meaning that the SCBA's will no longer be in the cab. A committee of personnel has been put together to make the determination of which compartment the SCBA's will go in and where we will relocate the equipment that was previously in those compartments. It will take of folks in Fleet a few months to fabricate and install the equipment. Fleet will work with Tech Services folks to install the headsets in each engine. We hope to have these engines in service by June. The current plan is that these engines will be going to station 54, 51 and 62. Engine 54 will be going to station 57 and Engine 62 will be going to station 63. This will give station 54 and 63 newer engines that they will be able to keep for awhile rather than getting a new hand me down every 2-3 years.

Once the new engines are put in service, we will be working to retrofit some of the other engines to the "clean cab" concept with moving the SCBA's out of the cab. The Apparatus Committee and the Equipment Committee will be integral in this process. This will be a slow process as it will involve a lot of work from our Fleet folks, but we plan to have most engines retrofitted over the next five years.

We are in discussions with Prescott Fire to start delivering them EMS supplies, station supplies and turnout maintenance and care through our Warehouse Division. Our goal is to be able to provide a great service to our partners at PFD and standardize processes throughout both organizations. We are not

sure when this process will go into place but hope that there will be some type of agreement around July of this year.

Technical Services Division continues to work tirelessly on the many projects that they have. They are all doing a great job and we are looking to add one additional radio technician to assist Tony and Dave with their workload. As you all know they maintain the radio equipment and infrastructure for CAFMA and do the same for Prescott Valley PD and Yavapai County Sheriff. They also work together with folks from DPS on a regular basis.

In addition to the additional radio technician, we are hoping to add one additional IT staff member to assist Jonah and Titus with the endless work they have on the IT side of things within the division. We just finished up the strategic plan and most of the items that were listed to be completed over the next year involved IT. This involved building new templates, new program/software brought in to CAFMA, making upgrades throughout the organization and a lot of behind the scenes work to make everything flow nicely when we all show up to work each day.

Tech Services is currently in the process of upgrading the viewing system in the classroom at station 61. The old projector and pull-down screen will be removed and replaced with an 85-inch TV that will be connected directly to the computer in the room. This is similar to what is currently being used at CARTA.

We just finalized a new agreement with Arizona State Land for DFFM use of the building at station 61. With the new agreement DFFM will have additional office space than what they previously had. The classroom, the office closest to the classroom and the vault will remain for use by CAFMA personnel at any time. This should be coordinated through Battalion 6 when needed.

Facilities Division continues to make upgrades to stations throughout the organization in an effort to lessen cancer causing agents. They have been working to standardize equipment at all facilities as well. Stations have seen upgrades to stainless steel countertops, epoxy floors, radiant heaters in the bays and airmation systems in the bays.

We continue to work on plans to remodel station 63. This has been the plan for the past 3 year, but with the substantial increase in costs we put the project on hold. We have been contemplating ways to work on individual pieces of this project so that we can get some things done rather than trying to get it all done at one time. Eric Crossman is working on a plan for the area of the station that is north of the bays. We plan to have a turnout room, EMS supply room, tool room and storage room in this area when the remodel is completed.

I'm sure I missed several other things happen within in Planning and Logistics, but these are the big items happening currently. If you have any questions or would like further clarification on any of these items don't hesitate to call me at any time.

Cody
