



THE REVIEW

Central Arizona Fire and Medical - 8603 E. Eastridge Dr., Prescott Valley, AZ 86314 – **October 20, 2023**

This Edition:

The Chief's DeskPage 2
'It's a blowtorch': e-bike fire inside NYC apartment injures 5Page 3
Managing OneselfPage 4

"To improve your results, you must improve your behavior.

**There is no Scenario where results get better without behavior getting better.
Behavior runs everything."**

—BK

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No words to describe, other than what an amazing crew to christen Engine 51!
Left to right: Engineer Lund, Firefighter Lopez, Acting Captain Guzzo

The Chief's Desk

On Wednesday morning we held the Push-In Ceremony for Engine 51. Outside of CAFMA and Prescott FD, we were not as public with this ceremony simply because we don't have a lot of safe space for parking around the facility. Everything went well and the new engine is in service running calls.

The first crew to staff the new engine was Acting Captain Nick Guzzo, Engineer Kyle Lund, and new Firefighter Nelson Lopez. Think about that for a minute... I'll give you another minute... Anything? I mean, Kyle's been an engineer for at least two minutes, Nelson's been on the department for less than two minutes, and then there's Guzzo. And we put them in charge of a brand-new engine on day one?! Chief Rose, is our insurance up to date? I'm just kidding, they did a great job, and all three are outstanding members and fantastic representatives of our agency.

Engine 54's Push-In Ceremony is scheduled for November 1st at 1000hrs. Feel free to bring your family to see the new engine christened and pushed into service. It's fantastic to see your kids, our future, take part in transferring water and pushing the engine into the station. We should have Fleet, Warehouse, and Tech Services out at these events as well. They did an amazing job putting these units together and getting them on the road – I think they should be part of the ceremony when they're put in service. Chief Rose, please make that happen!

I spent some time this week working on the wellness officer position. We're seeking advice from industry experts who deal in firefighter health and safety, as well as reaching out to other organizations. While it may be a year before we can put someone in the position, it's important for us to start preparing the job description and defining our expectations well in advance.

Chief Parra, Dustin, has been evicted from the Training Chief's space and Chief Merrill, Eric, has moved in, at least that's what I'm told. I did see Dustin in a training shirt Tuesday morning. We'll have to help him out and have a few Accreditation Manager shirts made. He'll be unbelievably excited about the uniform change – I mean, who wouldn't be?! Thank you, sir, for accepting the challenge on behalf of our entire agency!

We have a Battalion Chief's meeting scheduled for the morning of the 24th. It's been a bit since the last time we had all the BCs together. Now that we have all the positions filled, it's time to revisit expectations, and discuss a shared vision for moving forward. **Cont. Page 4**

Upcoming Events:

Oct 23: CEOP AAR, Board Meeting Day
Oct 24: PV Chamber Breakfast, BC Meeting, Insurance Policy Review, LiveMum move-up module meeting.
Oct 25: Maybe on vacation...
Oct 26-31: Definitely on vacation – Moab.

Board Meeting:

Board Meeting: Oct 23
CAFMA – 1700-1830

'It's a blowtorch': e-bike fire inside NYC apartment injures 5

By: Thomas Tracy

NEW YORK — Five people were injured, three critically, when a massive fire sparked by a lithium-ion battery tore through a Brooklyn apartment early Tuesday, FDNY officials said.

The fire broke out inside the Menahan St. apartment near Central Ave. in Bushwick about 4:45 a.m., fire officials said. The e-bike was in the living room when it caught fire, blocking the only exit to those inside. Responding firefighters had to remove a window in the second-floor apartment to get at the victims, FDNY Chief Kevin Woods said.

"They had to cut the gates [to get inside the window]," Woods said at a press conference outside the fireproof Menahan St. building. "It was a tremendous job, pulling the two victims from that window."

A third resident was removed through the front door as firefighters hosed the blaze down.

"These fires caused by lithium-ion batteries are incredibly deadly," FDNY Commissioner Laura Kavanagh said. "They are fast-moving fires and make it difficult for our members to get in and the victims to get out."

The smoke from the blaze was so intense that it reached apartments on the seventh floor, where two more residents were overcome and needed medical attention, FDNY officials said.

Two of the five victims were children. The three in critical condition were all taken out of the fire apartment. All were taken to Wyckoff and New York Presbyterian/Weill Cornell Medical Center for further care, FDNY officials said.

"Two of the victims have been intubated, so they are severely injured," FDNY Fire Marshal Daniel Flynn said, explaining how quickly a lithium-ion battery can spread.

"It's a blowtorch, basically, inside your apartment," he said. "Any combustibles surrounding that fire will catch fire immediately and spread to the rest of your apartment. It does not give you the time to escape."

As of Tuesday, lithium-ion batteries in the city have sparked 216 fires that led to 120 injuries and 14 deaths, Kavanagh said. The FDNY fought 216 battery fires in all of 2022, roughly double the 104 it reported in 2021, department officials said.

[FireRescue1.com](https://www.firerescue1.com)

Managing Oneself

By: Peter F. Drucker

History's great achievers—a Napoléon, a da Vinci, a Mozart—have always managed themselves. That, in large measure, is what makes them great achievers. But they are rare exceptions, so unusual both in their talents and their accomplishments as to be considered outside the boundaries of ordinary human existence. Now, most of us, even those of us with modest endowments, will have to learn to manage ourselves. We will have to learn to develop ourselves. We will have to place ourselves where we can make the greatest contribution. And we will have to stay mentally alert and engaged during a 50-year working life, which means knowing how and when to change the work we do.

What Are My Strengths?

Most people think they know what they are good at. They are usually wrong. More often, people know what they are not good at—and even then more people are wrong than right. And yet, a person can perform only from strength. One cannot build performance on weaknesses, let alone on something one cannot do at all.

Throughout history, people had little need to know their strengths. A person was born into a position and a line of work: The peasant's son would also be a peasant; the artisan's daughter, an artisan's wife; and so on. But now people have choices. We need to know our strengths in order to know where we belong.

The only way to discover your strengths is through feedback analysis. Whenever you make a key decision or take a key action, write down what you expect will happen. Nine or 12 months later, compare the actual results with your expectations. I have been practicing this method for 15 to 20 years now, and every time I do it, I am surprised. The feedback analysis showed me, for instance—and to my great surprise—that I have an intuitive understanding of technical people, whether they are engineers or accountants or market researchers. It also showed me that I don't really resonate with generalists.

[Harvard Business Review](#)

Chief's Desk Cont.

Let's shift for a minute and talk about opportunity. Most of us develop some sort of career plan for ourselves. You've probably heard some variation of – "Plans are useless, but planning is everything." It's important to establish a roadmap to follow, however you must know and understand that roadblocks, detours, as well as unforeseen opportunities may present themselves along the way. Are you ready for those?

We saw an example of that with our latest BC testing process. The plan was to test early in 2024 with the scheduled retirement of Chief Mayhall. It was a solid plan right up until he decided to retire early. To accommodate the change, we made an exception to policy and allowed some folks to test who had not

yet attended the BC Academy but planned to do so in October – this month. The caveat was that if the position was offered and accepted, they'd be required to be in the Academy without fail or would forfeit their promotion.

Some were planning to test for Assistant Chief in five years, which was when the next opening was projected. Well, that plan went out the window and now we're testing five years early.

What's my point? If you see yourself testing for a future promotion, don't wait until right before it's scheduled to open to take the requisite training. Schedules change unexpectedly and opportunities may present themselves earlier than you think. You must be ready even if it seems the opportunity is in the distant future.

As Chief Polacek used to say, act as if you are already in the position to which you aspire. That also means have the credentials now for a future position because timelines and opportunities are a moving target.

"Luck is when preparation meets opportunity." Roman Philosopher Seneca. He's no Chief Polacek, but still seems like a wise statement...
