



THE REVIEW

Central Arizona Fire and Medical - 8603 E. Eastridge Dr., Prescott Valley, AZ 86314 – **December 8, 2023**

This Edition:

The Chief's DeskPage 2
'5 key insights city managers seek from their fire chiefsPage 3
November Monthly Call ReportPage 5

"Stop being ashamed of how many times you've fallen, and start being proud of how many times you've got back up."

—Step up and Lead

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The Chief's Desk

Last Sunday while wrapping gifts with the Firefighter Angel Foundation at the Warehouse, one of our employees suffered a sudden cardiac arrest. Fortunately, she coded surrounded by several paramedics, EMTs, and at least one nurse. Engineer Russ Smith and Captain Travis Smith took the lead with Recruit Firefighter/EMT Cammi Hoobler assisting. Assistant Chief Cody Rose served as the runner for equipment and medications from the on-site cash, assisted by Recruit Firefighter/EMT John Craik.

They estimate that CPR was started within 15 seconds and defibrillation occurred in two minutes or less. Our team member converted into a sinus rhythm and was awake and alert relatively quickly after conversion. She was transported to YRMC East with Captain/Paramedic Jim Bushman at her side.

Because there was no obvious cause for the event, YRMC physicians decided it was best to transport her to Banner University Hospital in Phoenix where they could perform a cardiac MRI. Apparently, Banner is the only hospital in the Valley with the technology to perform the procedure.

Chief Rose, Susanne, Kathy, and I went to Phoenix to check on her and her husband on Tuesday this week. She was in good spirits, but she reported her chest was sore for some reason... Russ? 😊

She said that she had felt faint while sitting at the table wrapping a gift and the next thing she knew she was on the ground looking up at Russ and Cammi wondering why they were in her face... Her husband quipped, "Some people see Jesus when they have an episode like this – she saw Russ."

I like the idea of Jesus, but that likely means I'm not coming back. To that end, I'd rather see Russ...

This is a great example of why early CPR and access to a defibrillator are vitally important for someone in cardiac arrest. The podcast this week is more public-facing with EMS Captain Brett Poliakon and me discussing public Heartsaver CPR classes provided here at CAFMA. We also cover a program that allows not-for-profit groups to purchase AEDs through our vendor at our cost.

If you have a family member or friend that would like to look at taking a class, they can visit our website at <https://www.caztraining.com/cpr-training> to learn more and sign up. It's only \$50 per person.

Upcoming Events:

Dec 11: Policy Meeting. Meet with Start Moving On
Nov 12-14: Chief out for Back Surgery
Dec 12: Labor/Management
Dec 15: Awards Banquet

Board Meeting:

Board Meeting: Dec 18
CAFMA – 1700-1830

5 key insights city managers seek from their fire chiefs

By: William Sturgeon

Many fire officers don't give much thought to the role of the city manager, that is, until they become fire chief. City and county managers, who oversee the overall administration of a city, rely on their fire chief for valuable insights and information regarding public safety.

Here are five key areas that city managers often seek to understand from their fire chiefs – areas that fire chiefs must be ready to explain.

1. OPERATIONAL EFFICIENCY

City and county managers want to know how efficiently and effectively a fire department operates. They seek information on response times, resource allocation and incident management. Fire chiefs provide data on response times, including both emergency and non-emergency calls, and explain any factors that may impact these times. They can also share strategies for optimizing resource allocation, such as the placement of fire stations and equipment, to ensure effective coverage across the city or county.

One of the best practices to demonstrate operational effectiveness is to develop Standards of Cover (SOC). A fire department's Standards of Cover (SOC) document is defined by the Commission on Fire Accreditation International (CFAI) as the “adopted written policies and procedures that determine the distribution, concentration and reliability of fixed and mobile response forces for fire, emergency medical services, hazardous materials and other technical types of responses.”

For the elected body and administrators to have confidence that their fire department is meeting the needs of the community, a complete assessment of the risks in the community must be honestly undertaken. Only after the application of a proven risk assessment model can a fire department develop an SOC performance contract. Examples of risk that can be evaluated include population density, square footage of commercial building stock, types of occupancies, community demand, protection systems, and age of building stock, to name a few. Risks can be quantified by applying a proven risk scoring methodology and can be broken down into a simple classification system such as maximum, high, moderate or low risk categories.

Additionally, response times (distribution) and effective response force (concentration) variables should be analyzed and adjusted based on community risks. Further analysis into response is crucial to determine the reliability of first due stations to cover their first due response area and the appropriate Unit Hour Utilization (UHU) of deployed units.

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Chief's Desk Cont.

Some of you have noticed that EMS Chief Doug Niemynski and I are back in the office this week instead of in Phoenix at our CON hearing. While we were scheduled for 10 full days, our hearing concluded in four and a half. We spent Monday through Thursday morning presenting our case and witnesses. AMR

put their witnesses on the stand Thursday afternoon and rested their case first thing Friday morning. Rachel Garcia, Bureau of EMS Chief, was the only witness for AZDHS Friday morning. Doug went back on the stand as a rebuttal witness for a couple of specific points, and then we were done.

Because of the holidays and attorney scheduling conflicts, final written arguments are not due until March 1, 2024. Once submitted, the ALJ has 60-90 days to make his recommendation to the Director of AZDHS. The Director then has 30 days to render their final decision. Doing the quick math, we're not likely to hear anything before July or August 2024.

No matter which way the decision goes, I can't think of anything we would or could change on our side. Doug was great under both direct and cross examination. Our financial expert Roger Wood was unflappable and is just an amazing person both on and off the stand. Representative Selina Bliss, former Senate President Karen Fann, and former Speaker of the House Andy Tobin did a great job testifying on our behalf. I did thank them all after. As for me, I was told that I exemplified mediocrity... Goal achieved!



Our team from Kutak Rock LLP were some of the best litigators I've ever met! We received a lot of positive feedback about the strength of the team we brought to the table.

In the end, I think we've done the best we could to ensure all those who live in or visit our community receive the service they deserve. I remain cautiously optimistic, but as they say, "Never count your chickens before they're hatched."

While we wait for a final decision, we'll continue to prepare as if we are ready to receive a CON. Chief Barnes starts the 18th and brings with him a lot of expertise regarding standing up transport services, billing, CQI, etc. His knowledge will be vitally important as we move forward.

We'll have preliminary dialogue with the Union regarding potential staffing models. Staff is committed to working through the labor-management process for the best possible model.

Finally, we received word on Thursday this week that our SAFER Grant was denied. It doesn't appear as any SAFER monies were awarded in Arizona. While it would have been nice to offset our costs for new personnel, we already have a plan in place to add what we need within next year's budget.

Just a reminder, I'll have back surgery on Tuesday for the third time in 15 months, but who's counting... Me, I am. I'll be released from the hospital sometime Wednesday afternoon and still plan to have Jen drag me into the awards banquet on Friday. My apologies in advance – I'll be in running pants and a sweatshirt. Not being disrespectful, but jeans and/or slacks are not a thing immediately following back surgery.

My plan at this point is to be back in the office the following Monday... It's good to have a goal – a hopes and dreams type of thing.

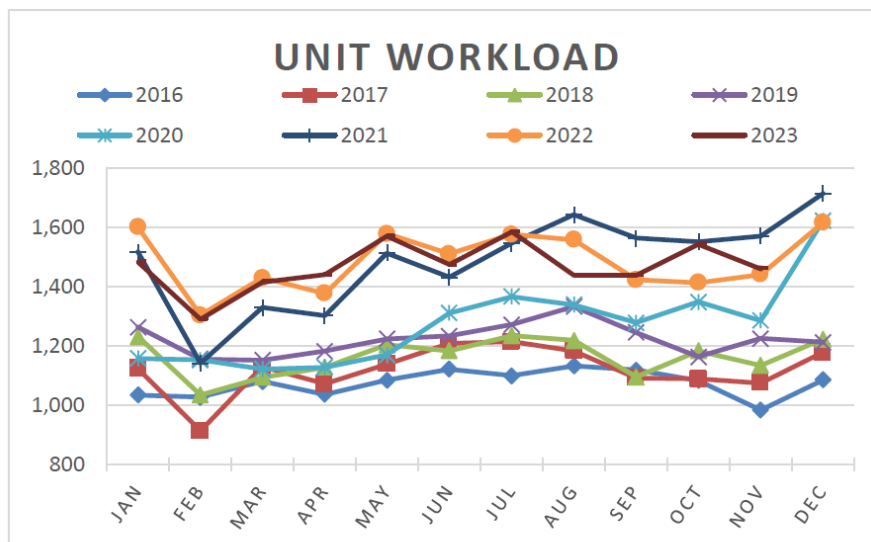
November Monthly Call Report

By: GIS/Statistician Michael Freeman

Unit Workload History

(RESPONSES BY TYPE-1 ENGINES)

	2016	2017	2018	2019	2020	2021	2022	2023
Jan	1,034	1,123	1,231	1,263	1,157	1,516	1,600	1,483
Feb	1,026	913	1,034	1,155	1,152	1,141	1,303	1,289
Mar	1,080	1,128	1,093	1,151	1,121	1,328	1,428	1,415
Apr	1,036	1,071	1,127	1,182	1,127	1,302	1,376	1,439
May	1,084	1,138	1,203	1,223	1,169	1,512	1,577	1,569
Jun	1,121	1,208	1,183	1,233	1,310	1,431	1,509	1,473
Jul	1,099	1,214	1,234	1,271	1,366	1,546	1,575	1,584
Aug	1,132	1,183	1,218	1,332	1,338	1,641	1,557	1,437
Sep	1,118	1,091	1,095	1,245	1,277	1,563	1,422	1,437
Oct	1,083	1,088	1,183	1,163	1,348	1,551	1,413	1,542
Nov	983	1,074	1,134	1,224	1,285	1,570	1,440	1,459
Dec	1,085	1,177	1,222	1,211	1,622	1,713	1,615	
AVG	1,073	1,117	1,163	1,221	1,273	1,485	1,485	1,466
TOTAL	12,881	13,408	13,957	14,653	15,272	17,814	17,815	16,127





November Response Report - 2023

Land Area: 369 sq. miles Population: ≈106,500 Fire Stations: 10 Full-Staffed

Responses in District

TOTAL FIRE INCIDENTS	12
STRUCTURE FIRE	1
STRUCTURE FIRE; CONFINED	2
MOBILE HOME/PORTABLE BLDG	0
VEHICLE FIRE	4
BRUSH/GRASS/WILDLAND FIRE	3
TRASH FIRE/OTHER	2

Fire is 1.02% of call volume

TOTAL RESCUE & EMS	796
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EMS is 67.52% of call volume

OVERPRESSURE / OVERHEAT	1
HAZARDOUS CONDITION	2
SERVICE CALL	239
GOOD INTENT	98
FALSE ALARM/OTHER	31

Other is 31.47% of call volume

TOTAL INCIDENTS IN DISTRICT	1,179
INCIDENT RESPONSES BY CAFMA	1,354
TYPE-1 UNIT RESPONSES BY CAFMA	1,459

Fire Loss Summary

Residential Fire Loss	\$141,700
Commercial Fire Loss	\$0
Vehicle Fire Loss	\$12,450

Top 5 Call Types

720	EMS
131	Assist Invalid
62	Cancelled en Route
60	Public Service
38	Medical Assist

Average total # of calls per day	39.30
Average fire calls per day	0.40
Average EMS calls per day	26.53
Average all other calls per day	12.37

Call Volume at PRCC

	Month	Year-to-Date
PFD	855	9,650
CAFMA	1,179	13,503
GCFD	13	127
OD	7	121
WKFD	1	22

Unit Responses

Unit	District	Total	Move Up
E50	164	168	21
E51	37	167	22
E53	186	187	6
E540	28	29	20
E54	121	122	1
E57	49	56	5
E58	163	170	0
E59	177	183	1
E61	105	108	6
E62	130	133	2
E63	49	51	11
TR50	2	4	0
B3	43	49	0
B6	17	20	0
Rescues	0	0	0

TYPE-1 ENGINES

Calls by Municipality

Calls in Town of Chino Valley	171
Calls in Town of Prescott Valley	621
Calls in Town of Dewey-Humboldt	38
Calls in District, Unincorporated Areas	349
Calls Out of District	3

Aid Agreement Summary

Aid Given to Prescott	122
Aid Received from Prescott	61
Aid Given to WVFD	1
Aid Received from WVFD	3
Mutual Aid Given	0
Mutual Aid Received	0